Health and Well-Being

Good health and wellbeing are essential for all children. At Grantham State School we aim to provide an environment for children to learn that provides for a healthy body and healthy mind.

We aim to work with parents in educating children about a healthy lifestyle that includes a balanced diet and exercise.

We encourage children to bring a healthy snack for Brain Break, with a preference for fruit or vegetables. We also encourage children to eat their healthy food first at lunch time.

We understand that home is a very busy place, but it is important that children are given healthy food at school that will assist them in learning. Packaged foods are often highly processed and have an excess of sugar, fats and/or salt. These foods can make it difficult for children to maintain concentration and they often don’t give the energy children need for learning. Providing them with a healthy lunch is also a great way of educating them about healthy eating habits.

We have lots of exercise opportunities available. We have before and after school sport twice per week, tennis lessons available on site, structured brain break activities, PE lessons and great equipment to keep children active during play time.

If your children are not currently participating in any outside school sport, our AASC program is free and provides children with a fun way to build skills and get exercise.

Being active is Great

Practising for athletics  Elastics is making a comeback  AASC before school
Students of the Week

GEORGE for making excellent choices in the classroom
DEVLEN for making better choices in the classroom this week.
JACOB for being a co-operative hard working student and a super speller.
BENJAMIN for always seeking to excel at his work.
JAZMINE for excellent classroom behaviour.
JESSICA for her improved effort at staying on task.
MELBOURNE for always working to the best of his ability.
CHLOE for displaying great persistence with her writing.

HELPERS NEEDED

Our school has the opportunity to raise funds by providing morning tea to a group of tractor enthusiasts. We need people to cook and people to assist in making tea and coffee and serving the food on the day.

The event will be on Saturday AUGUST 10th from 9—11:30am. If you are able to help, please contact the school office for further information.

We are looking for parents of 6/7 students to assist at our cake and drink stall for Under 8s day. The funds raised from this event will go towards reducing the cost of the Tallegadura camp at the end of the year.

We will also need people to cook for the cake stall and parent helpers for groups to take children around all the different activities.

Under 8s day is on Friday 6th September from 9am—12pm.

If you are able to assist on the stall or with cooking, please contact the school office.

Details about parent helpers for the groups will go home in the coming weeks.

PREP OPEN DAY

It is time again for us to begin looking forward to 2014 enrolments.

We will be holding a Prep Open Day on Thursday 29th August. Students eligible for Prep in 2014 and their parents are invited to attend from 9am—11am. Parents will be given information about our Prep program and have the opportunity to ask any questions they may have.

If you have a child who turns 5 on or before 30th June 2014 and would like an enrolment pack, please complete the reply slip on the back of the newsletter.
Staff from the Lockyer District High School will be visiting our Year 7 students to talk about High School very soon.

IMPORTANT INFORMATION FOR YEAR 7 PARENTS

Lockyer District High School has recently become an Enrolment Managed School. This has come about as student numbers grow well past 1100 and is a result of the great job staff and students do at Lockyer. Lockyer now has a defined catchment from which students may enrol.

The catchment for Lockyer High may be found at – http://statistics.oesr.qld.gov.au/reverse-proxy/schools/catchment/catchmentmaps/

All families considering enrolment are encouraged to view this web site and see if their residential address is within catchment or out of catchment of Lockyer District High School.

Parents should note the following –

Families living within the catchment of Lockyer District High are guaranteed enrolment

Siblings of current students at the school are also guaranteed enrolment

Families living out of catchment may apply for enrolment and the Principal will make a decision by the end of Term 3 2013. The Principal of LDHS will write to parents by the end of Term 3 with the decision re enrolment in 2014.

Instrumental Program

Our Instrumental Program led by Mr Jim Dowling is taking off in a big way. The students who participate are so enthusiastic about their instruments they play them in the playground, request permission to practice at lunchtime and can’t wait for a chance to perform at the end of the year.

Our Instrumental program has been possible through generous donations of instruments.

The latest addition to our band (pictured above) comes thanks to Miss Gibney’s dad, Mr Paul Gibney. He also generously donated a flute.

THANK YOU Mr Gibney!
**Grantham State School**

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Fax: 07 54662576  
E-mail: admin@granthamss.eq.edu.au  
Website: www.granthamss.eq.edu.au

**Diligence, Integrity, Creativity and Empathy**

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**PREP 2014**  
We would like to enrol our child for Prep in 2014. Please send us an enrolment pack.

Name: _____________________________  
Contact no.: _________________________  
Child’s name: _____________________________

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**Absence Note**  

*Every Day Counts*

My child ___________________ was away on _____________________

Reason: ______________________________________________________

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**GET ACTIVE AFTERSCHOOL PROGRAM**

I give permission for my child/ren _______________________ to attend the active after school program on TUESDAY MORNING ☐ and/or THURSDAY AFTERNOON ☐. I understand that children attending AASC must follow our school rules at all times.

Signature: ___________________  
Date: ___________________

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**REMINDER AFL:** If you have not yet paid, please bring money tomorrow.